



# ICWUC CENTER FOR WORKER HEALTH & SAFETY EDUCATION

## TRAIN-THE-TRAINER



### MONDAY

**9:00-9:45**

#### Welcome

- Purpose of Train-the-Trainer program
- Introductions/Bio's filled out
- Explanation of week's agenda
- Health & Safety Educational Needs of Local Unions

**9:45-11:00**

#### Review - Labels and Placards

- Identification of training problems
- Good and Bad Educational Experiences
- Qualities of a Good Instructor/Facilitator

**11:00-12:30**

#### Techniques of Learner-Centered Education

- Train-the-Trainer manual, pages 1 & 2
- Dos & Don'ts, page 3
- Co-facilitation, pages 4 & 5

**12:30-1:30**

#### Lunch

**1:30-3:00**

#### Teaching Methods, Role Plays\Skits\Videos to Present Issues Lula

**3:00-5:00**

#### Ice Breaker Presentation

## **TUESDAY**

**9:00-10:00**      **Module Delivery (Using Trainer Manual)**

**10:00-12:00**      **Team Assignments & Preparation Time**

- Ground rules for presentations\evaluations

**12:00-1:00**      **Lunch**

**1:00-2:30**      **Review of Training Background Materials**

**2:30-5:00**      **Preparation Time**

## **WEDNESDAY**

**9:00-12:00**      **Team Presentations**

Each team will have approximately one to one and a quarter hours presentation and discussion of the presentation. There will be short breaks between presentations. All times will be flexible to allow for discussion and varying lengths of sessions.

**12:00-1:00**      **Lunch**

**1:00-5:00**      **Team Presentations**

## **THURSDAY**

**9:00-11:00**      **Team Presentations continue, (if needed)**

**11:00-12:00**      **Module Development, Back At the Plant**

**12:00-1:00**      **Lunch**

**1:00-3:00**      **Monitoring/Grant information**

**3:00-3:30**      **Role Play**

- **Guidelines for creating role plays:**
- **Choose an issue related to health and safety that is emotional.**
- **Develop discussion questions to ask after the role-play**

**3:30-5:00**      **Role Play Preparation Time**

## **FRIDAY**

**9:00-12:00**      **Role Play/Discussion Presentations or Forum Theater!!!!**

**12:00-1:00**      **Lunch**

**1:00-2:00**      **Program evaluation and recommendations**